**Old man and sea read**

I read the novel <<old man and sea>> and was full of old age The undefeated and indomitable spirit of man is moved and broken to wear、to tremble. Because of the simple image of the old, because of the old it is the honorable worker.

The novel introduces an old man who spent years fishing alone at sea. That day, he caught a big fish, which filled him with joy. But on his way home, he met a shark, and the old man pulled out the army fought with the sharks, sharks ate all the fish they could eat. As a result, the big fish was ate by the shark less than one half way, the old man would bring the fish home.

After reading the book, I was moved by the old man's common words Language: "a person is not born to be defeated, you can To destroy him, but not to defeat him." From this common saying to show that the old man are not felled by any difficulties, do their best great efforts and all kinds of hardships in life can not be move backed for a fight. The old man was so plain that he did not complain the god is so unfair to him that he only use the rest of his time to realize himself dream: hit a big fish. This time he succeeded, he finally successfully hit a big fish! This big fish is coming it's not easy! It was the old man who take home after much suffering.

It reminded me that when I was learning to ride a bike, I just got up, and the car suddenly fell over. I picked it up ride up again, just ride two steps, connect the person to take a car to fall down together. I stood up and slap the dust, picked up the fallen car and rode again up. There was a man in front of me, and I tensed and let go with both hands, I and the car fell heavily. It just feels like the right leg hurts, up to see, right knee blood , back home I treated the hurt and thought about the reason why I fell down, think carefully, I learned to keep my balance while cycling. I again I finally learned to ride down the stairs.

After reading this book, my heart could not be calm for a long time The common old man made me deeply understand that a man should not be fight down when any difficulty gives in, you should try your best efforts to live your life hardships of doing struggle.I've learned that no matter what happens, no matter what difficulties, we need to do it like an old man with a never-say-die spirit, will not be fight down by difficulties .

I believe that I am brave and with a confident heart to meet the challenge is always a true winner .And I will remember a person is not born to be defeated, you can To destroy him, but not to defeat him.

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